



Our Lady of the Way
Act Justly - Love Tenderly - Walk Humbly

OUR LADY OF THE WAY CALENDAR

TERM 3

EVENTS FOR THE MONTH OF JULY/AUG/SEPT

Date	Day	Time	Event	
Sept 8	Fri		Sweets and Treats	Y6 Fundraising
Sept 8	Fri		Stage 2 Boys/Girls Touch Football	
Sept 11	Mon	FULL	Winter or Summer Uniform	
Sept 13	Wed		Kindergarten Science Excursion	Calmsley Hill Farm
Sept 14	Thur	02:00pm	Principal/Parent Chat	
Sept 15	Fri		Grandparent's Celebrations	
Sept 22	Fri		Footy Fever Day	Y6 Fundraising

TERM 4

EVENTS FOR THE MONTH OF OCT/NOV/DEC

Date	Day	Time	Event	
Oct 9	Mon	Pupil Free	Staff Development Day	
Oct 10	Tues	Pupil Free	Staff Development Day	
Oct 11	Wed		Full Summer Uniform	
Oct 17	Tues		Zooper Dooper Summer Day	Y6 Fundraising
Oct 27	Fri		Movie Session	Y6 Fundraising
Oct 27	Fri		Sweets and Treats	Y6 Fundraising
Oct 31	Tues		Zooper Dooper Summer Day	Y6 Fundraising
Nov 6 to Nov 10		Kinder – Year 4	OLOW Swimming Program	Kinder – Year 4
Nov 14	Tues		Zooper Dooper Summer Day	Y6 Fundraising
Nov 15 to Nov 16			Year 5 Camp	
Nov 17	Fri		Sweets and Treats	Y6 Fundraising
Nov 28	Tues		Zooper Dooper Summer Day	Y6 Fundraising
Dec 8	Fri		Sweets and Treats	Y6 Fundraising
Dec 12	Tues		Year 6 Farewell & Thanksgiving Mass	
Dec 14	Thur	06:30-08:30pm	Year 6 Social Evening	
Dec 15	Fri		Year 6 Fun Day	

REGULAR EVENTS

Date	Day	Time	Event	
Each Week	Fri	08:50-09:10am	School Assembly	Cola – All Welcome

MASSES AND SACRAMENTS

Date	Day	Time	Event	
GRADE MASSES				
Sept 6	Wed	07:00pm	Confirmation Rehearsal	
Sept 8	Fri	09:00am	Year 1 & Year 6 Parish Mass	OLOW Church
Sept 10	Sun	11:30am	Sacrament of Confirmation	
Sept 15	Fri	10:00am	Grandparent's Day Mass	OLOW Church



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Parent Communication Term 3 Week 8 September 6th, 2023

PRINCIPAL'S MESSAGE

COMMUNITY EVENTS

In the last few weeks we have celebrated Father's Day and Book Week. These are important celebrations where we come together as a community.

I want to thank all our community members who have attended the events. It's a great opportunity for family members to see our great school. I know the students love seeing their family in the school grounds.

A special mention to the huge effort made to ensure students were dressed up for our Book Week Parade. The students looked amazing and had a great time demonstrating their love of books.

Thank you to our Parents and Friends Association who ran the Father's Day stall. This was organised and run by parent volunteers. On behalf of all dads, I thank all our volunteers for the gift of their time!

NATIONAL CHILD PROTECTION WEEK

This week is National Child Protection Week. The aim of the week is to promote a safe and supported life for every child, now and into the future.

All students will be participating in a range of activities that promote safety.

All students from years 3 to 6 will take part in the eSafety Commissioner's virtual classroom event; Be an eSafe Kid; Protect yourself - a live virtual classroom webinar that helps students to identify ways to protect themselves online and what to do if things go wrong. By the end of the learning session students will be able to:

- identify ways to use device settings to protect personal information that identifies them and prevent unwanted contact
- discuss the benefits of an eSafety family tech agreement
- develop help-seeking and reporting strategies

All students from K-6 will participate in webinars presented by the Daniel Morcombe Foundation. Presentations are tailored to infants and primary age students. The foundation's core message is focused on consent, specifically how to seek, give and deny permission. These are important skills for children to have that will help to keep them safe in the broader community.

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SCHOOL UNIFORM

From next Monday, September 11th, students may wear either full summer or full winter uniform for the remainder of the term. All students will need to wear full summer uniform from the beginning of Term 4.

FUTURE UNIFORM CHANGES

I have met with Lowes, our student uniform provider, to discuss additions to uniforms. This comes after seeking parent feedback. All going to plan, the following will be implemented throughout 2024.

2024 Winter Season

Additional Girls Winter Uniform items

- Girls Pant option in Green
- Girls Long Sleeve blouse in Green (same colour as boys' shirt) with school logo
- All students will have the option to purchase a green beanie or green gloves next winter from Lowes.

2024 Summer Season

Girls Summer Uniform

Summer items may not be available until Term 4 of 2024. Lowes will attempt to hasten the process.

- Skort in Green
- Girls Short Sleeve blouse in Green (same colour as boys' shirt) with school logo

Girls' white shirts will be phased out as parents purchase the new green shirts. The girls' tunic and summer dress will remain as options for parents.

Regards
Mr Phillip Kapitanow
Principal

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RELIGIOUS EDUCATOR COORDINATOR MESSAGE

Grandparent's Day



We are very much looking forward to welcoming grandparents to our special Grandparent's Day next **Friday, September 15**. An overview of the day is as follows:

- Grandparent's Day Mass @ 10:00am
please note the change in time from 10:15am
- BYO Picnic Morning Tea @ 11:00am under the COLA
- Open Classrooms - 11:40am - 12:30pm
- Book Fair in the Library

Sacrament of Confirmation



Many of our Year 6 students will be celebrating the Sacrament of Confirmation this Sunday, September 10. The Mass will take place at 11:30am.

We wish them every blessing.

Please keep the students and their families in your prayers.

Friday Parish Mass - Term 3 Dates

Our final date for Term 3 Friday Parish Mass is

Year 1 and Year 6 Parish Mass: Week 8 - Friday September 8 @ 9:00am

Mrs Carole Day
Religious Education Coordinator

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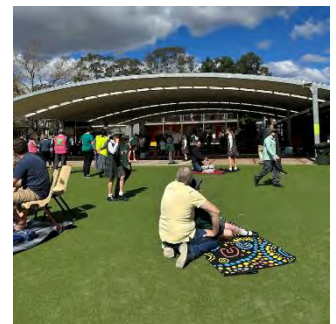
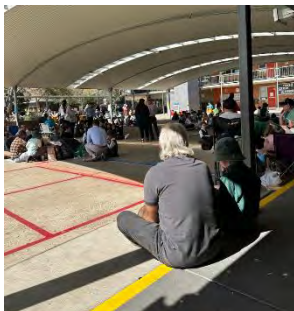
Father's Day

We loved hosting our fathers, grandfathers and those who are like fathers to us, last Friday for our Father's Day celebrations. Thank you to those of you who were able to join us.

Thank you to the Year 3 team for preparing the Father's Day Liturgy and to all the grades for hosting our special guests with such interesting and fun activities.



Father's Day 2023



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WELLBEING COUNSELLOR MESSAGE

Program summary and course flyers for Gateway's Term 4 parenting program schedule.

Gateway Family Services serve families living in the Blue Mountains and Penrith local government areas, with a primary focus on families with dependent children 0 - 18 years.

Gateway Family Services offer a range of services to support and strengthen families within their communities including:

- in-home family support, case management and counselling
- parenting programs
- counselling for children
- emergency relief

BLAXLAND

Monday to Friday 9:30am-4:00pm
Essentials: ring for Opening times
70 Old Bathurst Road, Blaxland 2774
(02) 4720 6500 / 1300 316 746

KATOOMBA

Monday to Thursday 9:30am-4:00pm
The Clairvaux Centre
14 Oak Street, Katoomba 2780
(02) 4782 5326

PENRITH

Cnr Station & Henry Streets, Penrith 2750

(See website) <https://www.gatewayfamilyservices.org.au/>

Circle of Security- St Marys (7 week parenting program- free to register): [Circle of Security Parenting Program term 4, 2023](#)

Circle of security parenting helps parents develop secure relationships and stronger bonds with their children. The Circle of security course helps parents and carers of children aged 0-12 years learn:

- How to help your child feel more confident and secure
- How to help your child manage their emotional responses
- How to better understand your child's emotional needs

Circle of Security parenting program help:

- Help build stronger parent/child bonds
- Learn positive parenting skills
- Promote secure attachments

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Cool Little Kids- Springwood (6 week parenting program- free to register): [Cool Little Kids Parenting Program T4 2023](#)

Cool Little kids is a program that gives parents skills to help their child manage and overcome anxiety.

If you have a 3-6 year old child with excessive shyness, anxiety or fears, this program will help you equip them with skills to help support them.

The program will cover

- Understanding anxiety and shyness
- Causes and risk factors of anxiety
- How to respond to your child's anxiety
- Skills and strategies to deal with fear
- Dealing with setbacks and difficulties
- Maintaining resilience long term
- Simple Cognitive Behavioural Therapy (CBT) strategies

Turning into teens parenting program (6 week parenting program, online via zoom in the evening, free to register): [Tuning into Teens Parenting Program T4 2023](#)

Turning into teens program supports you to help your adolescent emotional intelligence.

The goal of the program is to help parents teach and support your teenagers to understand and express emotions in appropriate ways.

Tuning in to Teens is aimed at parents with teenagers and has a focus on emotion coaching and building closer parent/child relationships.

The program will cover:

- Foundations of emotion coaching
- Connecting and emotional acceptance
- Building intimacy and showing empathy
- Dealing with teen worry, sadness and anger
- Emotion coaching now and in the future
- How to help your teenagers understand and regulate their emotions
- How to develop a closer relationship with your adolescent children

Mrs Marita Vecchio
Wellbeing Counsellor



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Year 2 NEWS!

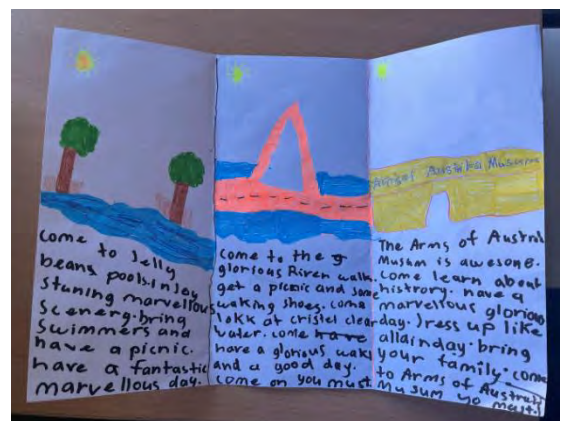
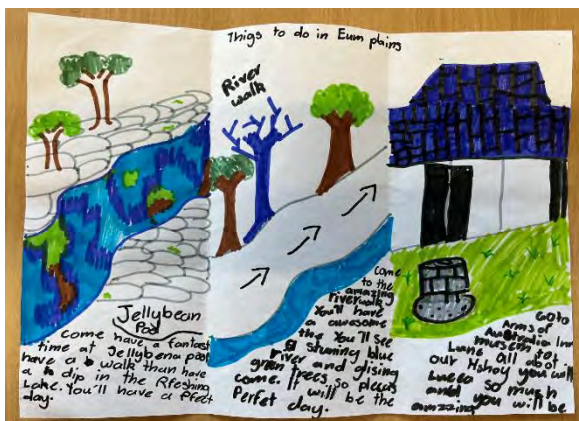
It has been another extremely busy term in Year 2!

We started the term with an excursion to Sydney Zoo as part of our Geography unit - Connection with People and Places.

The students are currently working on creating a brochure outlining significant places to visit in our local area.



The students were so enthusiastic about starting their pamphlets about our local area that a few students went home after hearing about the project and starting to use their language of persuasion to advertise all of the wonderful things to see and do in our local area.



Parent Communication Term 3 Week 8 September 6th, 2023



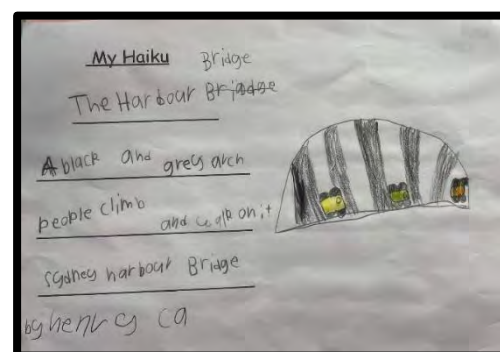
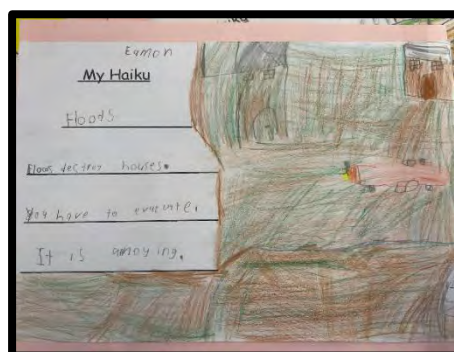
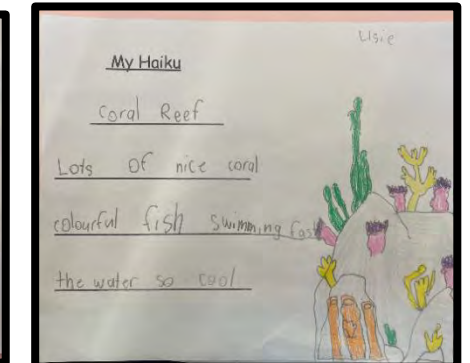
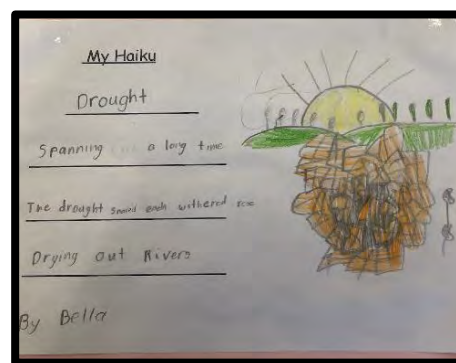
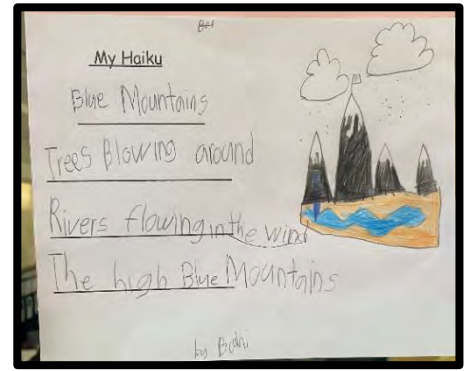
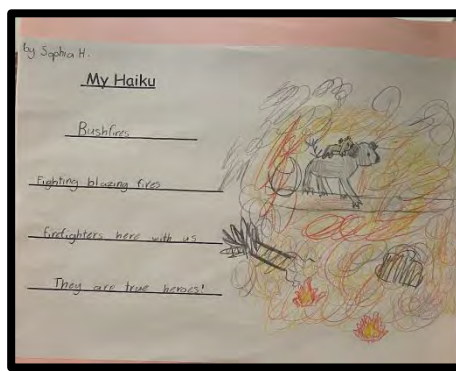
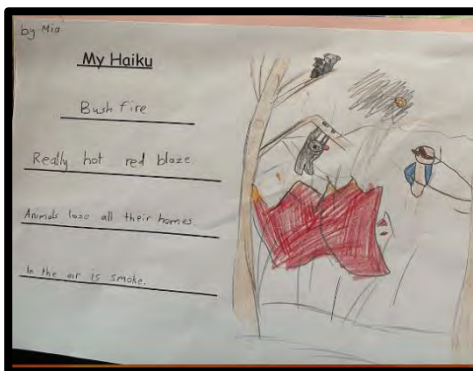
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English

This term, we have been reading the wonderful books, 'Fire', 'Drought' and 'Flood' by Jackie French as part of our Shared Reading program each day. The students engaged with the books and have learnt to use a variety of strategies to infer the meaning of words and information when reading. Another focus was to observe the many literary devices authors use to engage a reader.

The students wrote excellent Haiku poems. Haiku poems are a traditional form of Japanese poetry made up of 3 lines. The first line has 5 syllables, second line has 7 syllables and the third line has 5 syllables. The students wrote very descriptive Haiku poems based on the books 'Fire', 'Drought' and 'Flood' or an Australian landmark.

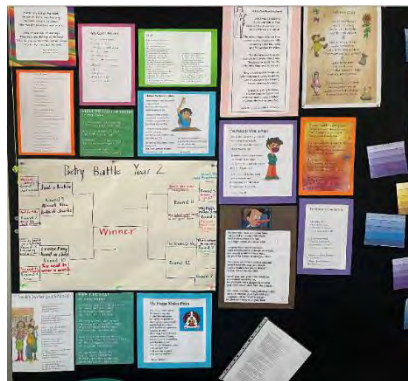
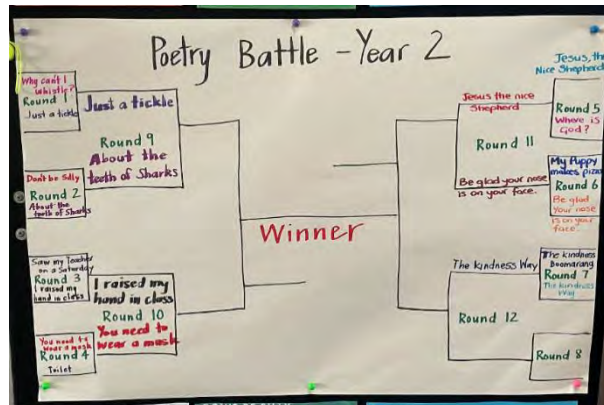




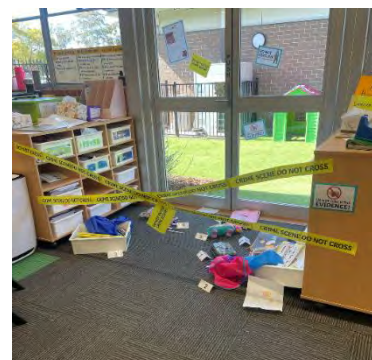
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Poetry Battle

To introduce the children to many different types of poetry, we decided to do a poetry battle each day. The students would listen to 2 poems and they would decide on one to be the winner of that battle. The winning poem continued on to another round until it came down to the last two, and finally a winner would be determined.



Earlier this term the pencils decided to go on strike! The Year 2 students received a letter from 'L Pencil', who explained that most of the pencils had gone on strike due to not being treated properly by their owners. The students had to write a very persuasive letter apologising and convincing their pencils to return so they could once again help them with their learning. The students promised to look after their pencils by treating them with respect and returning them to their homes after each use.





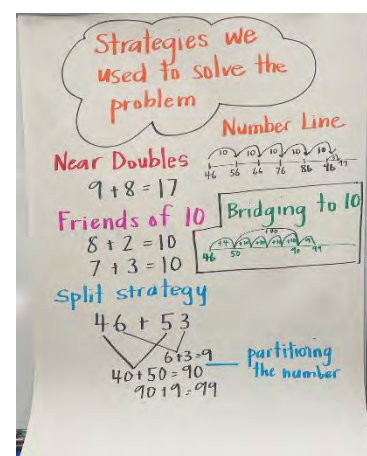
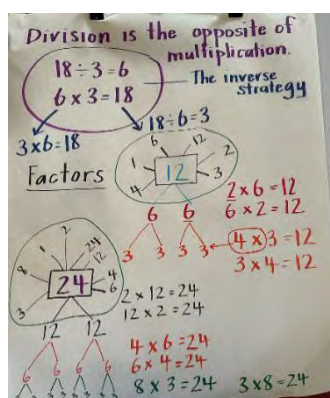
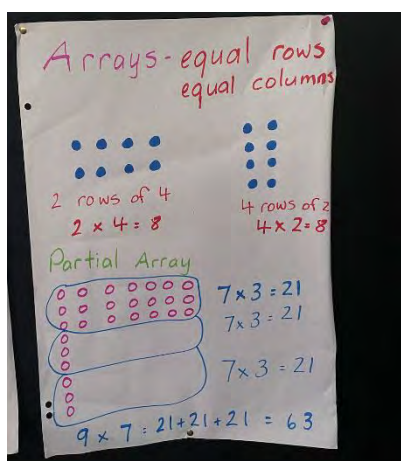
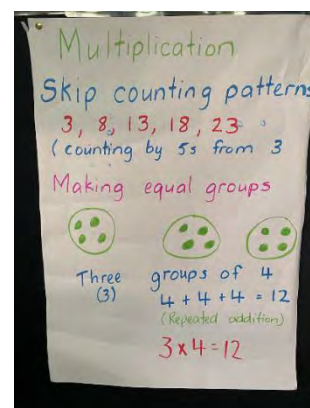
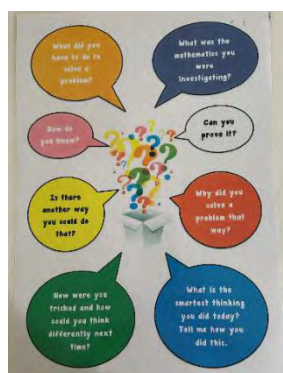
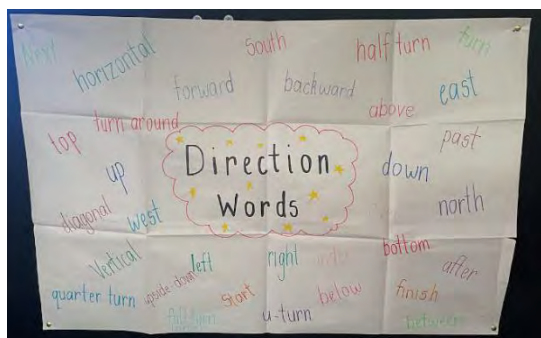
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Mathematics

The students have continued to challenge themselves when problem solving in Maths each day.

Some of the topics they have investigated this term are: Time, Position, Multiplication /Division and Addition/ Subtraction.

The students are given a problem and then take some time to devise a strategy to solve it. They are encouraged to explain their thinking using mathematical language and solve the problem in different ways. The students enjoy sharing their explanations and strategies with each other. Many of the problems we explore in class are shared on Google Classroom.





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Sport

Thanks to the success of the Matildas and the FIFA Women's World Cup the students were very enthusiastic during sport lessons which were organised and run by the Mini Roos.



Parent Communication Term 3 Week 8 September 6th, 2023

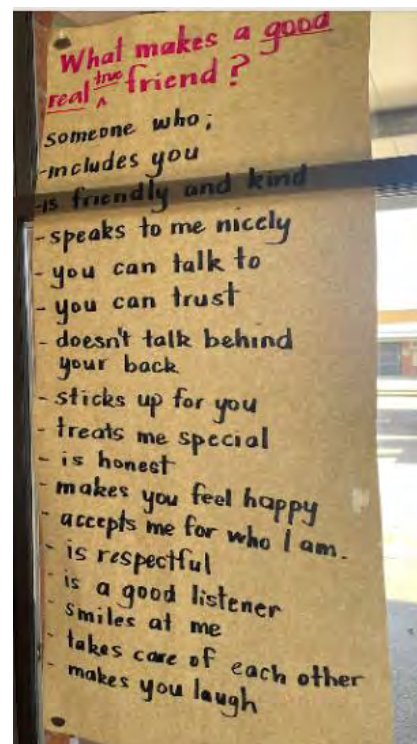
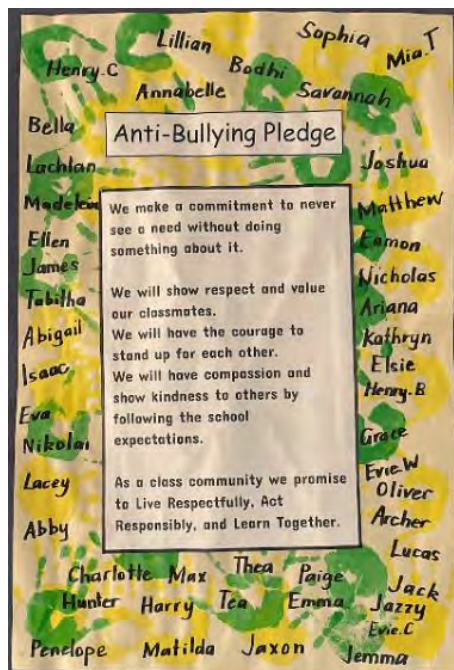


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Health

The focus in Health this term has been building positive relationships and exploring the question - 'How do we make our school a safe and respectful place for all?' In Week 2 an organisation called Brainstorm Productions presented a show to the students about making positive connections and staying safe at school and online. The show explored concepts such as how to be assertive, how to be a friend and defined bullying. The students have been looking at a variety of scenarios that can occur on the playground and working on strategies to help them resolve issues.



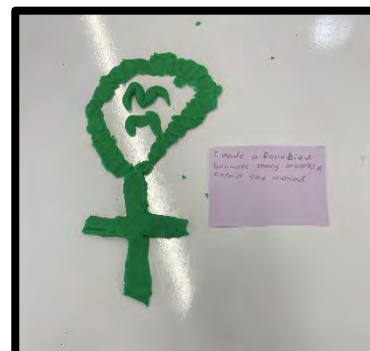
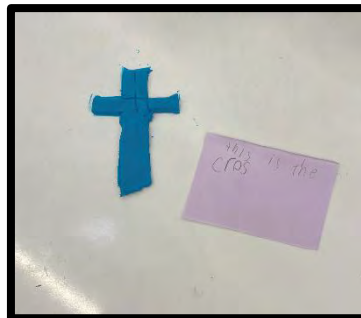


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Religion

This term the Religion unit, 'What does it mean to belong to the community described as God's family?' has linked well with our Health unit. We have discussed the meaning of words such as community, inclusive and belonging. The students wrote a statement - 'Year 2 is an inclusive community where everyone is valued.' The students have visited the Church to learn about the significant and sacred parts of the Church.

The students were very interested in the St Mary of the Cross Mackillop Mass and learning about Australia's first saint. They created beautiful symbols that they felt represented St Mary MacKillop and her life.





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AWARD - CONGRATULATIONS

 PBS4L Award Term 3 – September 1 st , 2023	
<i>Week 7</i> <i>We Are In The Right Place At The Right Time</i>	
Kindergarten	Liam M
Year 1	A Shalhaf
Year 2	T Pham
Year 3	J Moran
Year 4	T Svanberg
Year 5	Z Bryant
Year 6	S Earl

ST NICHOLAS NETBALL GALA DAY

Last Wednesday, 48 students (5 teams) from Our Lady of the Way represented the school at the Netball Gala Day. All five coaches, and the parents who attended on the day, were impressed by the way the students conducted themselves, with sportsmanship, fair play and resilience. I would like to congratulate the Year 4 team who won their division on the day – well done girls! I would also like to thank the parents who assisted with scoring, retrieving icepacks and generally assisting the teachers and students on the day. Regards Mrs Hensen



Parent Communication Term 3 Week 8 September 6th, 2023



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Reminder for Year Six Fundraising

Sweets and Treats: \$10:00 per student to use at all six Sweets & Treats stalls

Zooper Dooper Days: \$4:00 per student to use at the four Z/D days

Footy Fever Day: \$2:00 per student to wear footy mufti

Movie Session: \$5:00 per student for movie, popcorn and drink

 Sweets and Treats Term 3 Week 8 Friday 8th Sept Term 4 Week 3 Friday 27th Oct Week 6 Friday 17th Nov Week 9 Friday 8th Dec	 Zooper Dooper Summer Days Term 4 Week 2 Tuesday 17th Oct Week 4 Tuesday 31st Oct Week 6 Tuesday 14th Nov Week 8 Tuesday 28th Nov
 Footy Fever Day Term 3 Week 10 Fri 22nd Sept	 OLOW Movie Session Term 4 Week 3 Fri 27th October

GENERAL NEWS

Fast Food/Take-away

At Our Lady of the Way we are happy to take lunches at the front office for students who have forgotten their lunches. However, we do request that no take-away or fast-food items be brought in for your child/ren eg McDonalds, KFC, Subway etc. Thank you for your understanding.

Parent Communication Term 3 Week 8 September 6th, 2023