

#### **OUR LADY OF THE WAY CALENDAR**

TERM 3 EVENTS FOR THE MONTH OF JULY/AUG/SEPT				
Date	Day	Time	Event	
Sept 1	Fri		Father's Day Celebrations	
Sept 4	Mon	09:00-10:00am	Book Week Dress Up Parade	OLOW Kinder-Year 6
Sept 8	Fri		Sweets and Treats	Y6 Fundraising
Sept 8	Fri		Stage 2 Boys/Girls Touch Football	
Sept 13	Wed		Kindergarten Science Excursion	Calmsley Hill Farm
Sept 14	Thur	02:00pm	Principal/Parent Chat	
Sept 15	Fri		Grandparent's Celebrations	
Sept 22	Fri		Footy Fever Day	Y6 Fundraising

TERM 4				
EVENTS FOR THE MONTH OF OCT/NOV/DEC				
Date	Day	Time	Event	
Oct 9	Mon	Pupil Free	Staff Development Day	
Oct 10	Tues	Pupil Free	Staff Development Day	
Oct 17	Tues		Zooper Dooper Summer Day	Y6 Fundraising
Oct 27	Fri		Movie Session	Y6 Fundraising
Oct 27	Fri		Sweets and Treats	Y6 Fundraising
Oct 31	Tues		Zooper Dooper Summer Day	Y6 Fundraising
Nov 6 to Nov 10		Kinder – Year 4	OLOW Swimming Program	Kinder – Year 4
Nov 14	Tues		Zooper Dooper Summer Day	Y6 Fundraising
Nov 15 to Nov 16			Year 5 Camp	
Nov 17	Fri		Sweets and Treats	Y6 Fundraising
Nov 28	Tues		Zooper Dooper Summer Day	Y6 Fundraising
Dec 8	Fri		Sweets and Treats	Y6 Fundraising
Dec 12	Tues		Year 6 Farewell & Thanksgiving Mass	
Dec 14	Thur	06:30-08:30pm	Year 6 Social Evening	
Dec 15	Fri		Year 6 Fun Day	

REGULAR EVENTS				
Date	Day	Time	Event	
Each Week	Fri	08:50-09:10am	School Assembly	Cola – All Welcome

MASSES AND SACRAMENTS				
Date	Day	Time	Event	
GRADE MASSES				
Aug 30	Wed	07:00pm	Confirmation Prep Evening Session 4	
Sept 1	Fri	10:15am	Father's Day Liturgy	OLOW Church
Sept 6	Wed	07:00pm	Confirmation Rehearsal	
Sept 8	Fri	09:00am	Year 1 & Year 6 Parish Mass	OLOW Church
Sept 10	Sun	11:30am	Sacrament of Confirmation	
Sept 15	Fri	10:00am	Grandparent's Day Mass	OLOW Church



Parent Communication Term 3 Week 7 August 30th, 2023

#### PRINCIPAL'S MESSAGE

Over the last few weeks I have attended a number of faith formation experiences where the goal was to not only deepen my own personal faith but help me to understand how we as a Catholic school can maintain and strengthen our Catholic identity.

Catholic schools are places where everyone, despite their personal religious beliefs, can gain a Catholic education. This means students from all denominations are welcome with the understanding that we are Catholic.

Our Catholic faith distinguishes Our Lady of the Way and all Catholic schools from other education settings. In an increasingly secular world we are asked to maintain our Catholic Identity. This is a challenging task but we are working within a diocese that has a goal of ensuring our Catholic identity is maintained and strengthened.

Formation, or the process of guiding people to a deeper understanding of our Catholic mission is one way we achieve this. We are entering into an exciting time where we are called to broaden our formation experiences in thoughtful and creative ways.

#### STUDENT DATA

Over the last few weeks staff professional learning has focused on individual student progress in literacy and numeracy. Staff have been assessing student progress and determining next steps to ensure learning is targeted and focused.

Our newly established Teachers Hub has a number of data walls including;

- Literacy
  - Reading Level Progress
  - · Read and Retell Progress
- Numeracy
  - Tracking and monitoring our most vulnerable students
  - Tracking and monitoring our most able students
- Positive Behaviour Support 4 Learning
  - Tracking individual student behaviour for teacher identified students.

Our goal this year was to establish some assessment expectations, represent these visually on a data wall and enable regular and ongoing teacher discussions to share strategies and overcome individual student challenges. It is affirming to see this strategy in place and having a real impact on student learning.

Regards Mr Phillip Kapitanow Principal



#### **ASSISTANT PRINCIPAL'S MESSAGE**

Head lice has been detected in the school. It is extremely important for you to check your child's head for head lice today. If you do find head lice, commence treatment immediately and be sure to complete the process of treatment. This will help prevent head lice from spreading. Remember to keep checking your family member's heads every 2 days until there are no head lice found for 10 consecutive days.

It is suggested that parents should use the "Condition Comb-out Method", as follows:

- Apply conditioner to dry hair and comb through with a regular comb to remove tangles. Conditioner method stuns and immobilises head lice for up to 20 minutes.
- Let it set for a few minutes then comb thoroughly with a metal fine-tooth comb, working through the hair in sections.
- Wipe comb off onto tissue continually as you go. Head lice will be visible on the comb or tissue.

For further information regarding treating head lice, refer to the Department of Health's Head Lice fact sheet found at

https://www.health.nsw.gov.au/environment/headlice/Pages/treatment

Your local pharmacist can provide advice regarding head lice treatment options and head lice combs. Because head lice need close head-to-head contact to spread from one person to another, to reduce the spread of head lice, teachers will discourage students from activities which may involve head-to-head contact. To reduce your child's risk of getting head lice, please ensure that long hair is tied up.

Remember - Anyone can get head lice – they have no preferences for cleanliness, hair colour, hair type, ethnicity or age.

Regards Ms Catherine Ruff Assistant Principal



#### RELIGIOUS EDUCATOR COORDINATOR MESSAGE

### Father's Day



We are looking forward to welcoming our fathers, grandfathers and those who are like fathers to us, to our school on Friday, September 1.

- **10:15am Father's Day Liturgy** under the COLA on the Main Playground (led by Year 3)
- 10:40am Picnic Morning Tea on the Main Playground. Bring a picnic rug/ chairs and a picnic morning tea
- 11:30am 12:00pm join your children in their classrooms for a Father's Day activity

#### Special Sacramental Program for Children in Year 6



A note has gone out to students in Year 6 who may be interested in receiving the Sacraments of Reconciliation and Holy Communion. This will take place in Term 4.

If your child did not receive a note and you would like the information, could you please contact the school office and a note will be sent home.

### Friday Parish Mass - Term 3 Dates

Our final date for Term 3 Friday Parish Mass is:

Year 1 and Year 6 Parish Mass: Week 8 - Friday September 8 @ 9:00am

Ms Carole Day Religious Education Coordinator

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#### WELLBEING COUNSELLOR MESSAGE

### Making Friends and healthy friendships INFORMATION FOR PARENTS AND CARERS WHEN YOUR CHILD IS BEGINNING A NEW FRIENDSHIP

Children are constantly learning, scanning and observing the environment, they pick up social cues through observation and direct modelling. Role modelling good social behaviour is essential as children learn to identify positive peer interactions. Praise positive behaviour by acknowledging when your child is being a supportive and good friend, as well as labelling emotions.

Get to know your child's friends and encourage opportunities to spend time with their friends outside of school. For younger children, this can be tricky to make contact with their parents. Often, attending school events and talking with other parents at their outside school activities can be a great way to connect with the parents of your child's friends.

Teenagers, however, are at a developmental stage where they are developing their identity in preparation for adulthood. They often want to spend time with friends away from their parents. As a parent, this may be a balancing act between their need for independence with appropriate boundaries and safety considerations.

Making friends is sometimes difficult. Here are some tips and tricks that may help your child and adolescent connect with like-minded people and make friends:

- Connect your child to extracurricular activities of their interest. For instance, if your child has an interest in drawing anime characters, you could help them to find and attend events that may attract people who are also interested in drawing anime characters.
- Take up opportunities to bring your child to places and events with other children. For instance, school picnics, inviting school friends to their birthday parties, and volunteering for a role in your child's sports team.
- Teach and practise with your child good body language and small talk strategies. This might include smiling, eye contact, and nodding their head. It might include ways they can initiate conversations and how to arrange social gatherings.
- Teach your child self-compassion and kindness to themselves, especially when they experience rejection from a peer.

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- Discuss with your child social etiquette and boundaries (for themselves and others), as well as consent and personal/bodily safety.
- Talk with your child about their thoughts and feelings about friendship.
- However, sometimes children or adolescents continue to have problems making friends for reasons beyond their control. Please speak
- with your child's teacher if your child continues to have difficulties making friends.

### What are the different development stages of friendship? Stage 1 (3 years to 7 years)

- · Friends are often temporary.
- · Friendships are often egocentric "it's all about me".

#### Stage 2 (4 years to 9 years)

- · Children engage in a one-way friendship with someone who can help them achieve independent goals.
- · An awareness of give and take is developed to maintain friendships.
- · An awareness that friends can be relied upon and can be helpful.
- · Personality develops and similarities are recognised.
- · Awareness of the impact of behaviour and emotions.

#### Stage 3 (6 years to 12 years)

- · There is an element of give and take needed to maintain friendships.
- · Personality becomes important or of interest.
- · Sharing items and building social connections.
- · Recognition that friends may or may not have similar/mutual interests.
- · Friends can fulfil practical needs such as being helpful and reliable.

#### Stage 5 (12 years to adulthood)

- · Respecting autonomy and a sense of connection with feelings.
- · More time spent with peers rather than family.
- · More abstract ideas of friendships and acceptance.
- · Friendship is based on trust.
- · Strong sense of autonomy and consent develops.



#### How can caregivers make friends?

- Invite your child's peers over for play and try to encourage and extend the invitation to other caregivers.
- Early Childhood settings and schools will often have committees and volunteering opportunities, this is a chance to build connections with others in the community.
- Introduce and make efforts to get to know other caregivers at pick up and drop off times.
- · Be an active (well-behaved) spectator at sports and school activities.

#### Where to go for more information (click on the links below)

School-age friendships: how to support them
Friendship classroom activities | ReachOut Schools
www.verywellfamily.com/making-and-keeping-friends-2633627
www.betterhealth.vic.gov.au/health/healthyliving/making-friends

References:
CSPD parent help sheet resources
www.education.nsw.gov.au
www.gowriensw.com.au/blog/making-friends-in-childcare#a6
www.otherhalf.com.au/Developmental Stages Of Friendship.pdf

Mrs Marita Vecchio Wellbeing Counsellor



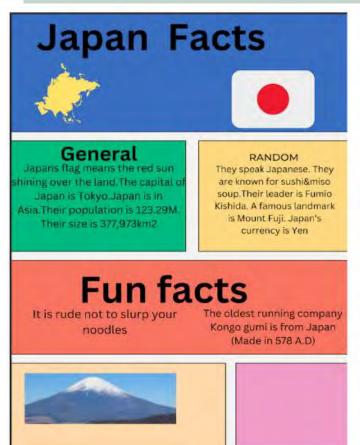


### YEAR 5 TERM 3





Year 5 has made a fantastic start to Term 3. We have been busy with our learning. Our focus in writing has been on information texts and we have been using our geography topic as a stimulus for our writing. The Matilda's and Women's Football (Soccer Mr Walker!) World Cup have been our stimulus. We hope that they have been telling you about their 'World Cup Country' that they have been researching. This culminated in their presentations to the class last week. They all did an amazing job.







### Our Lady of the Way

Act Justly - Love Tenderly - Walk Humbly



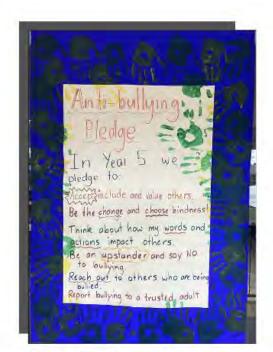








We've had guest speakers via a webinar during our anti-bullying day. This was a great day to reflect on how we can reflect on our own actions and how we can support each other to ensure a safe and welcoming environment for all.



We've been investigating food groups, healthy eating and broadening our understanding of nutritional information on packaging.

In Year 5 for Health we are learning about foods and how they affect our physical and mental health. We also are learning how different foods are healthier for us than others. We are studying different everyday foods and how to read the food labels on different packaging. We are learning how to decide, if the foods are good or bad for us.

By Adam and Marcus



We have been developing our mathematical skills in chance, fractions, multiplication and more recently area and perimeter.





Our thanks to those students who supported Year 5 in leading the Feast of the Assumption Mass. A great opportunity for our students to show reverence and leadership.



Speaking of leadership...Something we are talking about with more regularity as they approach Year 6 and just over a year from High School! In the coming weeks you will be receiving a letter regarding our Year 5 camp next term (Week 6). Part of the camp is around creating opportunities for leadership, personal reflection and independence.



#### **AWARD - CONGRATULATIONS**





### Reminder for Year Six Fundraising

Sweets and Treats: \$10:00 per student to use at all six Sweets & Treats stalls
Zooper Dooper Days: \$4:00 per student to use at the four Z/D days
Footy Fever Day: \$2:00 per student to wear footy mufti
Movie Session: \$5:00 per student for movie, popcorn and drink

Sweets and Treats Term 3 Week 8 Friday 8th Sept  Term 4 Week 3 Friday 27th Oct Week 6 Friday 17th Nov Week 9 Friday 8th Dec	Zooper Dooper Summer Days Term 4 Week 2 Tuesday 17th Oct Week 4 Tuesday 31st Oct Week 6 Tuesday 14th Nov Week 8 Tuesday 28th Nov
Footy Fever Day Term 3 Week 10 Fri 22nd Sept	OLOW Movie Session Term 4 Week 3 Fri 27th October



### BOOK WEEK 2023 Monday 4th September

### Read Grow Inspire

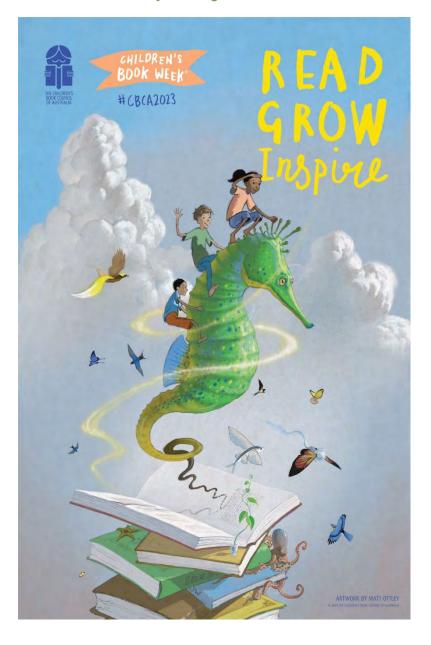
Dress up & join us!

Book Character

Dress-Up Parade

Monday 4th September

All students from Kindergarten to Year 6 are invited to choose their favourite story character or book. You may choose to dress up as a character or depict the theme from your book. Your costume can be as creative and fancy as you like, made from costume items you have at home or any way you would like to source them. All students will be participating in our book parade, you might like to bring along a copy of your favourite book to read on the day. Parents and families are welcome to come along and watch our book parade from 9:00 am - 10:00 am. Feel free to dress up your toddlers (or even yourself) and join in our fun!!





#### Children's Art Classes

As part of Nepean Art Society, I run children's art classes.

WHERE: The Old School House, 4 Lawson Street Emu Plains. WHEN: Wednesday, Thursday and Friday from 4 pm to 5.45pm.

AGES: Ages 8 to 17.

COST: \$250 per term – 10-week term plus \$30 per year for

membership of the Nepean Arts Society. Creative Kids

Vouchers are accepted.

Children can choose to do painting or drawing. They will need to provide their own consumables, ie pencils; paints; brushes etc.

My main teaching style is for children to do hands on activities learning traditional artist techniques.

I have been teaching the classes for 5 years, originally in Penrith, but now in Emu Plains as the Nepean Art Society has moved.

My own works can be seen at https://nepeanartsociety.wildapricot.org/page-1075183

Some of the children's work can be seen at Facebook page, Kids Creations. I can be contacted at <a href="marg.ng567@gmail.com">marg.ng567@gmail.com</a> or 0490 066 399. Thank you for any assistance you can give.

Kind Regards Margaret Ng

