



Celebrating 40 Years of Catholic Education at Emu Plains

MASS TIMES: Saturday Vigil 6.00pm, Sunday 8.00am and 9.30am. All welcome!

21st March 2019

DIARY DATES

Friday 22 March Open Day for new and prospective families 9.15am

Sunday 24 March Japanese Students visiting this week

Thursday 28 March Stage 3 Cyber Safety Workshop

Sunday 31 March Reconciliation Practice after each Mass

> Tuesday 2 April Cross Country

Wednesday 3 April Rite of Reconciliation Celebration

Kinder, Yr 1, Yr 5 & Yr 6 attending Parish Mass

Thursday 4 April Growing Great Leaders Day

Orders due for Hot Cross Buns

Friday 5 April School Photos

Student Work Sample (English) sent home

Thursday 11 April Hot Cross Buns Collection Day

Easter Egg Raffle Draw

Friday 12 April Last day of Term 1

Friday 19 April

Good Friday

Sunday 21 April Easter Sunday

Monday 29 April ANZAC Day Prayer

Tuesday 30 April P & F Meeting, 7pm Monday 29 April

Term 2 Begins

Dear Our Lady of the Way Community

In light of recent events in New Zealand, we could not be blamed for asking why tragedy is never far from our consciousness. The daily news is also often filled with instances of fear and distrust. When added to the personal tragedies in our own lives, who would blame us from asking "Where is God in this?".

In this Sunday's Gospel we hear the parable of the fig tree. The message around this is that of not really knowing what is happening but trusting in God. We never know exactly what is happening for the fig tree underground or why it is not bearing fruit at that moment in time. Perhaps the tree has some type of fungus or disease in the soil. Then again, maybe there was growth occurring underground in the root system and this could not be seen. What we need to remember is that although it was not bearing fruit or flourishing at that moment in time, it was still alive. Often our lives can feel like this, we feel flat or question why things are happening in our lives, we also are not flourishing. At these times we need to be like the worker in the vineyard, In spite of the fact that we are flat out trying to get through every day, we need to find time to see the potential in every situation. Sr Hilda Scott (OSB) articulates this so well "God is the Gardener who trusts the process of growing; trusts us, grasps what others do not, sees potential,

and gives us another chance - and there is no limit with God. He sees what is lacking and is keen to provide it. All he, and we, need is an openness in us to see it through. (Source: Trust Lenten Program 2019: Catholic Diocese of Wollongong)

Go gently and flourish Donna McFadzean Principal



Newsletter of Our Lady of the Way Catholic Primary School, Emu Plains 17 Troy Street, Emu Plains 2750 Phone: 4777 7200, Email: <u>OLOW@parra.catholic.edu.au</u>, Web: www.olowemuplains.catholic.edu.au/ "To act justly, To love tenderly and To walk humbly with our God"

REMINDER ABOUT PARKING

In recent weeks there has been an increase in the number of people parking in the Staff/Parish car park in Troy Street. A gentle reminder that this parking area is for members of our community who have a disabled sticker, staff and members of our parish. We ask that this request is followed in order to provide a safe area for dismissal of our children.

Please also note that three point turns are not permitted in our kiss and drop area as this is also a safety concern.

FROM THE ASSISTANT PRINCIPAL

Last week our school community stood together with schools all around Australia to say NO WAY to BULLYING. Students and their teachers spoke about the effects of bullying on people and some of the causes behind what makes people act in this way. One of the main areas of

focus was how to be an UPSTANDER rather BYSTANDER. A BYSTANDER, although not the instigator or actor behind bullying behaviours, sits back and watches or allows these behaviours to occur. In many circumstances this can be, unintentionally, a support to the person acting in this way. An UPSTANDER, steps in and does something to stop or prevent the bullying behaviours. This could include speaking directly to the person and 'standing up' to the person acting unkindly, it could be distracting the person and changing the behaviours or it could be going to get help. Here are some tips that we shared with the children about what to do when bullying behaviours occur. At all times we separate the BEHAVIOURS from the PERSON. It is the behaviours we want to stop and change, we always respect and act with compassion to the person. We all walk around with invisible scars and it is our job to love one another, as Jesus taught us and as our school motto directs us:

Act Justly, love tenderly and walk humbly with our God.

Student tips about bullying

If it happens in person, try these:

- ignore them (try not to show any reaction)
- tell them to stop and then walk away
- pretend you don't care
- go somewhere safe
- go somewhere sale

get support from your friends.
Different things work for different types of bullying.

If it happens online, try these:

- avoid responding to the bullying
- block and report anyone who is bullying online
- protect yourself online use privacy settings and keep records.

If you see someone being bullied:

- leave negative online conversations don't join in
- support others being bullied.

If it doesn't stop:

- talk to an adult (parent, teacher) who can help stop the bullying
- keep asking for support until the bullying stops.

As the adults in your children's lives, it is our job as parents, carers and teachers to model **acts of kindness** in the way we act and speak with each other. May they look to our example of how to show compassion and respect to their peers, family and members of the school community.

Emma Mizzi Assistant Principal





RELIGIOUS EDUCATION NEWS

RELIGIOUS EDUCATION

'Assist a Student' Program:



Thank you to our families for your generosity in supporting St. Vincent de Paul and their 'Assist a Student' program.

The money raised through the gold coin mufti day will help, in parts of Asia and the Pacific, to: Pay for school fees...

Buy uniforms...





And pay for books and other resources.

Our Faith in Action Team have done a great job sharing information about our fundraiser with the grades. Well done girls!

Parish Sacramental Program:

RECONCILIATION:

At assembly on Monday we offered, as a school community, a blessing for the children who are preparing for the Sacrament of Reconciliation:



Forgiving Father,

We ask you to be with these children as they begin their journey to know and understand your forgiveness.

Open their ears, minds, and hearts to the teaching of your Son.

Fill them with the Spirit of love, peace, joy, and kindness.

Be with their parents and those who are leading their learning and bringing them closer to you.

We ask this through Christ our Lord. Amen

- Sunday 31st March (6:00pm) or 17th March (8:00am or 9:30am) choose Parish Mass to attend look at the process of the celebration of the Sacrament of Reconciliation
- Wednesday 3rd April celebration of the Rite of Reconciliation 7:30pm

EUCHARIST (generally children around the age of 9)

First Eucharist will be celebrated on a choice of;

- Sunday June 23 (8am Parish Mass or extra Mass at 11.30am)
- Sunday June 30 (9.30am Parish Mass or extra Mass at 11.30am)

CONFIRMATION (generally age 10-11)

Celebrated on the evening of Thursday 19 September

Please contact the Parish Office for further information.

AWARDS

Congratulations to our award recipients for

2019 Term 1 Week 6

Kinder	Jack Layt, Ella Dwyer, Ethan Lowe, Pear Johnson
Year 1	Zali Bryant, Max Calleja, Avery Hall, Thomas Walker
Year 2	Hayley Edwards, Zachary Durham, Ethan Hughes, Ryley Coote, Eliza Herps
Year 3	Nikayla Pusko, Thomas Tabor, Edward Lennon
Year 4	James Byrne, Max Dunlop
Year 5	Lucas McClenahan, Lucia Hooke
Year 6	Dominic Vella, Tanner Crook, Ava Eekman



Term 1 Week 7

Kinder	Martha Ebeid, Leteysha Evans, Thomas Svanberg, Matilda Renny	
Year 1	Charley Whalan, Jeff Edwards, Martina Della Scala, Madison Fitzsimmons	
Year 2	Lucia Rose, Adele Crook, Elara Layton	
Year 3	Maggie Rose Cremen, Hannah Fullan, Mackenzie Degnan, Lola Troitsin	
Year 4	Macy Crook, Kallum Jackson-Logan, Ben Hall	
Year 5	Mario Della Scala, Sophie Wade, Holly Hartstonge, Lucas Latty	
Year 6	Sienna Footman, Isabelle Moran	



Executive Director's Summer Reading Challenge Congratulations to Oliver and Hamish MacLennan on completing the Executive Director's Summer Reading Challenge. Congratulations also to Mrs MacLennan for completing this challenge with her children.





Thursday March 21^a is Harmony Day here in Australia. It is also the United Nations International Day for the Elimination of Racial Discrimination and World Downs Syndrome Day. It is a time when we remember that "Everyone Belongs." This is a time when we celebrate both the wonderful diversity of cultural backgrounds and all the different people that make up our lucky country Australia, and what it is to be an Australian today.

The theme for Harmony Day is just that "Everyone belongs." We are taking time to appreciate all the many gifts that have been brought to our country from cultures all over the world and from our indigenous Australians, the Aboriginal people.

To celebrate Harmony Day here at OLOW, we have had discussions in our Japanese lessons over the last 2 weeks about Australia's cultural diversity and our cultural diversity here at school. This year, we discovered that our families came from over 54 different cultural backgrounds including our first Australians - the Aboriginal people - Indigenous Australians, Brazil, Croatia, Hungary, Mauritius, Ukraine, Nepal, Singapore, Russia, America, Iceland, Ireland, South America, Turkey, Wales, Scotland, Spain, Uganda, Vietnam, Greece, Mexico, Malaysia, Malta, France, South Africa Maori New Zealand, South Korea, England, Chile, Holland, Belgium, Italy, Indonesia, Samoa, Germany, Lebanon, Tonga, Papua New Guinea, India, Serbia, Fiji, Kazakhstan, Philippines, Portugal, Africa, Poland, Sweden, Uruguay, Austria, China, Nicaragua, Hawaii, Argentina and Bosnia.

This year we are not only looking into our own families' cultural backgrounds but we are also exploring our positive encounters with other cultures in Australia. Maybe you would like to visit the Harmony website and read of some of the inspirational stories there from people who have come from other countries to live in Australia. <u>http://www.harmony.gov.au/stories/</u>

Orange is the colour of Harmony Day. Our students are wearing something orange or a touch of orange proudly today with their mufti today. Some students have brought in something from their family's cultural background to share with their classes also. Here's a song that says it all... "Everyone Belongs" <u>https://www.youtube.com/watch?v=nJ1QEE_RXP8</u>

We raised \$487.45 today. Thank you so much for your generosity.

With thanks for your support,

Mrs Kate Filan-Schafer

Japanese Teacher



WORLD'S GREATEST SHAVE

My name is Carter Jones and I am in Year 5. This year I decided to participate in the World's Great Shave for the Leukaemia Foundation. Both my Grandmothers have had different types of cancer & I wanted to help raise money for a good cause. My original goal was \$500 but on the day of the shaving I had managed to raise \$1327.10. I'm really proud of my effort and want to thank everyone for the support.



Enrolments are now open for Kindergarten 2020. There will be an OPEN MORNING on Friday 22nd March 2019 from 9.15-10.15am

Come along, tour the school and visit our learning spaces. Morning tea will be provided for parents and pre-schoolers.

If you would like to attend, please RSVP by Wednesday 20th March 2019 to Julie Irvine on 4777 7200 or email jirvine@parra.catholic.edu.au

SCHOOL PHOTOS:

School photo day will be on **Friday 5th April**. Photo envelopes will go home on Wednesday 27th March. Children are to bring their photo envelope in on photo day. All students will need to wear their <u>full summer uniform</u> on this day. Attached is a copy of the packages that will be available.

SCHOOL FEES

The First Instalment invoices have been posted out, if you have not received your invoice, please contact me on 4777 7200 to arrange for a copy to be sent home. The due date for fees has been extended to Friday 29th March due to the late distribution. If you wish to start a payment arrangement outside of the Flexible Payment Plan, you will need to contact me by phone, or email <u>olow-emupfees@parra.catholic.edu.au</u>.

Please be advised that unless alternative arrangements have been made regarding the payment of your school fee account it will be assumed that full payment will be made by the due date. Fees are payable in accordance with the Diocesan School Fees Policy which states "all fees are due and payable within 30 days of the date the school account statement is issued". Outstanding accounts will be forwarded to the Catholic Education Office for collection. If you are having difficulties with the payment of your school fees, you are encouraged to contact the school office to arrange an appointment with either myself or the Principal to discuss your options. Please be assured of complete confidentiality with regards to any information you are asked to provide.

Pascale Vion

Senior Finance Officer

We're fundraising with



Hurry! Bonus Early Bird Offers. LAST CHANCE!

Our Lady of the Way is fundraising with Entertainment!

Your support really helps our School, so we're thrilled to let you know about special bonus Early Bird Entertainment Membership Offers for loyal supporters.

Pre-order the NEW 2019 | 2020 Entertainment Membership and receive bonus offers you can use right away!

SUPPORT US NOW.

"The Entertainment Membership is great value. With lots of instant savings. It more than outweighs the price. There is something for everyone – casual and fine dining, adventure and family activities. I couldn't live without it. Plus, I get to support a good cause." – Zana B. Sydney



COMMUNITY NEWS

KIDS CAN ACT

APRIL HOLIDAY WORKSHOPS

Mon 15th April Springwood Court	Tue 16th April Springwood Lewin St	Wed 17th April Penrith	Thu 18th April Springwood Court		
The Wizard of Oz Trial (Mini Musical) 9:00am - 5:00pm	1,2,3 Let's Make A Movie The Girl in the Locked Room 8:30am - 2:30pm	Time for An Adventure 8:30am - 1:30pm	Fairylicious Fairies & Mischievous Elves 8:30am - 1:30pm		
	Puppetry 2:30pm - 5:00pm	1,2,3 Let's Make A Movie Mystery of the Whispering Trees 1:30pm - 6:30pm (OLDER KIDS 9-15yrs)	Drama Queen Makeovers 1:30pm - 5:00pm		
Tue 23rd April Penrith	Wed 24th April Springwood				
1,2,3 Let's Make A Movie The Girl in the Locked Room 8:30am - 2:30pm	Time for An Adventure 8:30am - 1:30pm	USE YOUR \$100 CREATIVE KIDS VOUCHER			
Puppetry 2:30pm - 5:00pm	1,2,3 Let's Make A Movie Mystery of the Whispering Trees 1:30pm - 6:30pm (OLDER KIDS 9-15yrs)	Cal	l Cathie 0414 475 158 w.kidscanact.com.au		

THE WIZARD OF OZ ON TRIAL (Mini Musical)

Who was to blame for all the chaos in Kansas? Let's delve deeper into the musical world of Oz & put the Wizard on trial! Be the Judge, a lawyer or maybe one of the characters being questioned on the stand. Let's sing and dance and find out who was really behind the mayhem.

THE GIRL LOCKED IN THE ROOM 1,2,3 Let's Make A Movie

She's locked in a room and everyday writes the date on the wall, but soon she forgets her birthday and then her name! At night, their boots storm up the stairs. They hammer on the door and yell for her to come out. Devise a performance to leave your audience spell bound.

PUPPETRY

This is an opportunity for the children to spark their imagination and feed their curiosity. Children communicate more easily with a puppet on their hand, giving them confidence to express their ideas and feelings. They will have fun as they learn how to use different types of puppets.

TIME FOR AN ADVENTURE

Was it a huge wave that left you shipwrecked or did some strange aliens land outside your house? Did you wake up in a kingdom of princes, princesses and dragons? Or did strange and mystical creatures call you to come help in their quest? Spend a day exploring your creativity.

MYSTERY OF THE WHISPERING TREES

1,2,3 Let's Make A Movie (OLDER KIDS 9-15yrs) In our village there are 2 rules 1.You must never use magic! 2. You must never, under any circumstances enter the Dark Forest. If you break either of these rules the punishment is immediate and dire. We're about to do both. Can you hear that? Oh nooo!

DRAMA QUEEN MAKE OVERS

Drama Queens get ready to be pampered with an afternoon at the spa. Nails, glitter hair, and lippy! Now let's dress up and strut our stuff on the catwalk!

FAIRYLICIOUS FAIRIES & MISCHIEVOUS ELVES

Fairies and pixies love to play tricks! What happens when you wake up, and peek out the window to see what they are up to? Maybe the Fairylicious fairies and mischievous elves hiding in your garden will let you join them for a night of magical adventures. Use your imagination to create this magical world.

KIDS CAN ACT

Call Cathie **0414 475 158** www.kidscanact.com.au



A 3 day small group program for children aged 8-12 years of age.

This will be facilitated by therapists with the aim of the developing the skills required when playing a variety of games both indoor and outdoor and at home and school.. The sessions will focus on:

- Playing and working in a team
- Ball skills for the playground
- Coping with winning and losing
- Learning and following rules

DATE & TIME:

Monday 15th April 2019 – 9.30am – 11.30am Tuesday 16th April 2019 – 9.30am – 11.30am Wednesday 17th April 2019 – 9.30am – 11.30am

LOCATION

Penrith Baptist Church 11 Morello Terrace, Kingswood (Caddens) 2747

COST

\$179.26 per session **(\$537.78 TOTAL – 3 Days)** Covered under NDIS, HCWA or Private Payment

PLEASE RETURN THE ACCEPTANCE FORM ATTACHED TO SECURE YOUR PLACE. SPACES ARE LIMITED!

Required skills

Your child should have verbal language and be toilet trained. This is due to the language required within the program, and as toileting support is not available.

If your child displays any challenging behaviours that may impact their or others safety, please contact the coordinator to discuss e.g aggressive behaviours, running away.

CONTACT

Rebecca Keane – Service Coordinator

0466 427 853

rkeane@autismspectrum.org.au

Autism Spectrum Australia (Aspect) ABN 12 000 637 267

Building 1, Level 2, 14 Aquatic Drive Frenchs Forest NSW 2086 | PO Box 361 Forestville NSW 2087 | T 02 8977 8300 W www.autismspectrum.org.au

Gateway Family Services Parenting Group Programs Term 2, 2019



Program	Date & Time	Location	Registration
Circle of Security Learn how to be a strong, wiser & kinder parent with your kids. Suitable for parents of 0 -12 year old.	Every Tuesday 14th May - 25th June 9:30am - 11:30am <i>* Childcare Available</i>	Heatherbrae, Lawson 1 Benang Street, LAWSON, (located beside carpark behind Lawson Pub)	Gateway - 1300 316 746 (free call)
Tuning In To Kids Emotionally Intelligent Parenting Learning to better talk & understand your child to help manage your child's emotions & behaviour.	Every Monday 13th May - 3rd June 9:30am - 11:30am <i>* NO Childcare</i>	Blackheath RSL Cnr Station Street & Bundarra Road, BLACKHEATH	Gateway - 1300 316 746 (free call)
1-2-3 Magic & Emotion Coaching Learn how to understand & manage your child's difficult behaviour. Suitable for parents with 2 -12 year olds.	Every Tuesday 21st May - 4th June 10:30am - 12:30pm * Childcare Available	Blaxland Uniting Church (Back Hall) 70-76 Old Bathurst Road, BLAXLAND EAST (Onsite parking available)	Gateway - 1300 316 746 (free call)
Bringing Up Great Kids Learn about mindfulness & reflection, promoting positive interactions, the meaning behind children's behaviour and ways in which parents can take care of themselves & find support when they need it.	To be Advised	To be Advised	Gateway - 1300 316 746 (free call)
Let's Talk about Siblings without Rivalry Discussion and practical tools for parents who want to help their children live well together so you can all live.	Every Tuesday 14th May - 4th June 7:00pm - 9:00pm * <i>NO Childcare</i>	Gateway Family Services 70-76 Old Bathurst Road, BLAXLAND EAST (located in the Cottage beside Blaxland Uniting Church)	Gateway - 1300 316 746 (free call)
Cool Little Kids - Anxiety Program For parents and caregivers with children aged 3-6 years who have developed, or are at risk of developing, an emotional disorder. Teaching skills to address factors that can lead to anxiety	Every Wednesday 22nd May - 26th June 10:00am - 12noon * Childcare Available	Thrive Services 2 Station Street, KATOOMBA	Thrive Services 02 4782 1555

For more information and Individual Flyers go to:

www.gatewayfamilyservices.org.au or www.facebook.com/GatewayFS

Gateway family services parent group program is funded by DSS and NSW FACS.

Gateway works collaboratively with community partners to bring parent groups to communities from St Marys to Blackheath. Thanks to MMM for providing childcare for the Daytime groups.

Gateway encourages, supports & respects diversity in families & communities. Our Groups are open to everyone.





About Coffee4Kids

IT ALL STARTED WHEN...

A small group of NSW Rural Fire Service members saw the potential within their unique, community minded organisation, to set up a charity that supported children in need.

A workplace giving scheme was established that encouraged members to donate the equivalent of the cost of a cup of coffee a week to the Coffee4Kids Foundation, and they in turn would pass that donation on to partnering children's charities and organisations.

Over time, Coffee4Kids grew to encompass more than workplace giving, receiving donations and support from individuals and organisations unrelated to the NSW Rural Fire Service.

WHAT WE HAVE ACHIEVED SO FAR..

Through regular workplace giving, NSW Rural Fire Service members continue to contribute to the health and well-being of children who maybe at risk of harm due to neglect, physical, sexual and emotional abuse, and domestic violence at The Children's Hospital Westmead at around \$28,000 per year.

Through various fundraising events, including the Coffee4Kids Balls, more than \$375,000 has been raised since the Foundation's inception.



For the price of a cup of coffee a week you can change a child's life.



Donating is easy, simply go to www.coffee4kids.org.au

No matter the size, every donation is valuable and goes towards making the future that little bit brighter for vulnerable children who need our support.

Sydney Children's Hospitals Foundation



Do you play the tuba, trombone, euphonium or baritone?

Keen to play a lower brass instrument but need help getting an instrument and/or tuition? Are you 10 to 19 years old?

You are invited to:

Mountains Youth Band Lower Brass Open Rehearsal

When: *Tuesday 26th March* Where: *Uniting Church Hall, Lucasville Rd, Glenbrook*

Time: 5:15 to 7:00pm

Come along with your instrument and play some music with our band. All music and stands will be provided. Bring a friend!



For more information contact Germaine 0431 953 217 or email **mountainsyouthband@gmail.com**