

DIARY DATES

Friday 21 August

Parish Mass - K & Yr 5
Diocesan Athletics

Tuesday 25 August

Netball Gala Day
Diocesan Netball

Thursday 27 August

Year 1 & 6 Mass

Friday 28 August

Staff Development Day
PUPIL FREE DAY

Tuesday 1 September

P & F Meeting, 7.30pm

Wednesday 2 September

Year 5 Reconciliation

Thursday 3 September

Fathers' Day Stall

Friday 4 September

Fathers' Day Breakfast &
Prayer Celebration
Learn-a-thon

Wednesday 9 September

Year 6 Reconciliation

Thursday 10 September

Year 4 Reconciliation

Saturday 12 September

OLOW Trivia Night

Thursday 17 September

Grandparents' Day
And Book Fair

Friday 18 September

Footy Fever Mufti Day
Stage 3 Touch Footy
Gala Day
Last day of Term 3

Tuesday 6 October

First day of Term 4

Wednesday 7 October

Communion Information
Evening for Parents,
7.30pm

Thursday 8 October

Communion Information
Evening for Parents,
7.30pm (repeat)

Dear Parents, Carers, Students & Friends,

Last Friday we celebrated the Feast of The Assumption, when Mary was taken to Heaven. As our blessed mother in Heaven, Mary is an example to all mothers in her love and care of her son, Jesus. But this love was not a restrictive love, for Mary knew that for a child to achieve their very best we have to give them freedom to fly, to find their own way in the world, to make their own mistakes and to learn from these mistakes. This is a great challenge to all us Mums!



To aspire to be a mother like Mary can be a little daunting—can any of us dare to be like Mary? We must remember that Mary was a woman of her time; she was brave enough to break conventions and to do what needed to be done.

I offer the following reflection of Mary so that we may see 'the wild side of Mary' and know that we may have much more in common with her than we first think...

- Whatever happened to wild Mary, that spirited young woman who broke the chains and shattered the mould that tried to tame her?
- Mary – a vibrant young woman, life taught her a thing or two. So much like her mother and grandmother – strong breed! Well known in the local markets and about town for their warmth and strong family ties.
- Mary often laughed at the crazy things that happened around the house. She made time for prayer in little moments of her full days. Talked long with Joseph about their lives, their work, their hopes and concerns for their son and how fast he was growing up.
- Jesus her son no doubt had that same wild streak in him. Cousin Elizabeth's son was the same. Real passion for what they were about – all or nothing was their way. Too strong for the establishment of the day.

Mary's wild spirit lives on in each mother as we strive to guide our children in a faith filled life. A life that will see them become the very best that they can be—they too will one day have an impact on our world. We give thanks for the gifts of motherhood and for Mary who guides us in this mission.

God bless you ,
Mrs. Sue Veling
Principal

TEACHER PROFESSIONAL LEARNING

Students are not the only learners in the school. At *Our Lady of the Way* we foster a culture of life-long learning within our teachers, as well as our students. Teachers are regularly engaged in a variety of professional learning opportunities. Once a week, and for a whole day once a term, teachers engage in professional learning in whole school practices and collaborate in stages to develop rich curriculum and share best practice teaching and learning strategies. In addition to these school based professional learning opportunities, teachers attend workshops and conferences, complete online courses and enrol in further study.

As you can see, at *Our Lady of the Way* we are committed to improving our practices to ensure every student learns. We take seriously your entrusting us with the education and wellbeing of your child, and see it as a privilege to develop them as life-long learners and informed, educated citizens.

CONGRATULATIONS TO OUR AWARD RECIPIENTS FOR WEEKS 4 & 5



Kallum Jackson-Logan, Mario Della-Scala, Lachlan Stonehouse, Keira Blazek, Marshall Pereira, Dieter Erdmann, Billy Pearson, Tahlia Robar, Jack Palombo, Madalyn Jones, Drew Carland, Hamish Rose, Sophie Jones, Kate Roser, Jessie Whiteley, Alyssia Gardner, Joseph Curry, Madison Whiteley, Chase Hirsch, Alexander Boyd, Heath Murray, Oscar King, Lucie



McIntosh, Layla Starr, Bailey Gregory, Anne Joseph, Jordan Fayne, Jessica Still, Jade Elford, Sienna Footman, Georgia Cashel, Jessie Lustri, Olivia Boulous, Amber Demsey.

VOICE OF YOUTH

Over the past 10 weeks the Year Six children have been working towards the Voice of Youth competition. The children have been mastering the skills needed to be confident public speakers embedding the skills of communication, teamwork and grit within all aspects of their learning pathways. This in turn has enabled each student to develop vital life skills, one of which is the ability to publicly communicate an idea confidently and in detail.

All Year Six students had an opportunity to present their speeches. From this school-based final, Bridie Witjes was selected as reserve and three students were selected to be in the cluster final held yesterday, competing against students from Bethany Primary Glenmore Park, Holy Family Primary Luddenham and St. Mary MacKillop Primary South Penrith.



I congratulate all students for the composition and delivery of their speeches. Mikayla Flanagan, Maddison McCarry and Lara Roser represented *Our Lady of the Way* with pride and confidence. I am so proud of our children. The quality of their speeches and presentation was outstanding. If you click on the following link you will be able to read each of the speeches.

<https://docs.google.com/document/d/10FTNecpU1x24nxj-2vvfreK61HowWYtcBRk4GHgXXtA/edit?usp=sharing>

YEAR 4 RELIGIOUS LITERACY ASSESSMENT

Over the past few weeks, Year Four have been learning about the value and importance of reconciliation and forgiveness. They have been developing creative ways to demonstrate their understanding of either the passage of *Jesus and Zacchaeus* or the *Parable of the Prodigal Son* and apply the key messages to their own lives. Year Four were able to choose their own way to show the message of these stories, with many choosing to make an iMovie, sculpture, digital poster, artistic banner or artistic representation. The Year Four teachers are extremely proud of the thought and effort that was placed into each and every piece of work!

"If you ask for forgiveness and mean it, you will mend relationships." Sophie

"I enjoyed that we got to choose to do what we wanted and explain the message of the story using different materials."
Maddy

"The message of healing and forgiveness is important. The father forgave the son even after he ran away with the father's money." Emma

"The moral to parable is to never stop forgiving". Riley

"The message of the story of Zacchaeus is that God will always take you back with a new beginning if you ask for forgiveness and show it." Billy

"If you turn your back on God and leave Him behind, you can ask for forgiveness. He never gives up on you." Miah G

"If you ask for forgiveness you will receive forgiveness". Logan

"In the Forgiving Father parable, the son sinned against the father. If you ask for forgiveness God will forgive you". Pat

"On Tuesday we had fun completing our creative response for Religion. It related either to the Jesus and Zacchaeus story or the Forgiving Father Parable. Jessie L



READING RECOVERY CONGRATULATIONS

Congratulations to another two Reading Recovery graduates, Nathan Moore and Jacob Thompson who successfully completed the program under the guidance of their tutor Mrs Jenny Hensen.



UNIFORM POLICY

Coloured sports shoes and coloured laces are starting to make an appearance again on sports days. The uniform calls for (mostly) white sports shoes and white laces. I ask that you uphold the uniform policy. It is a simple request that teaches children the importance of rules and regulations that they will encounter throughout their entire lives.

BOYS HAIR CUTS

Some unusual haircuts are turning up on the boys. Long, un-kept hair, long fringes covering the eyes, under cuts, lines, short sides long tops, etc. are not acceptable!

The policy clearly states:

"Students are expected to keep their hair clean, neat and tidy at all times. Students are to keep hair off their face and out of their eyes. Haircuts are to be in a sensible and conventional style. There are to be no extremes of fashion in hairstyle cut or colour. Shaving of any part of the head or undercuts, and haircuts with a number 1 or 2 blade are not permitted."

PUPIL FREE DAY - STAFF DEVELOPMENT DAY for TERM 3

Our Term 3 staff development day will be on Friday 28 August. This will be a pupil free day.



FREE MULCH

We have loads of mulch after we cut down four trees. If you would like any mulch for your garden, feel free to take some. The mulch piles can be found on the back playground. Access is available 24/7.

FATHERS' DAY BREAKFAST, PRAYER & CELEBRATIONS OF LEARNING

Our Father's Day breakfast and prayer is on **Friday 4 September**. Come join us for cereal, toast, fruit juice and breakfast BBQ. The BBQ opens from **7:45am** and you will be served by the beautiful OLOW staff. Dad's & father figures - this is a great time to have breakfast with your children!

From **9:30am** onwards the children will be participating in the OLOW Learn-a-thon. Parents are invited to move around with their children for the first two activities until 10:30am.



GRANDPARENT'S DAY AND BOOK FAIR

Our annual Grandparents' Day Celebration will be held on Thursday 17th September commencing with Mass at 9:15am. This will be followed by morning tea for parents and grandparents, a special performance from our students, followed by open classrooms. At around 1pm there will be a picnic lunch, sausage sizzle and family photo booth.

We will also be having a Book Fair, where we encourage Grandparents to purchase a book and donate it to our library, or purchase a book for their grandchildren.

WOOLWORTHS EARN & LEARN 2015

This year we are participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school – and all we need you to do is shop for your groceries at Woolworths.

Up to Tuesday 8th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards).

Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the stickers can be dropped into the Collection Box at the school in the office.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library.

OUR LADY OF THE WAY P&F

Our next P & F Meeting is scheduled for
Tuesday, 1st September at 7.30 pm.
All Welcome!

MATHEMATICS AT OLOW

Following on from our last newsletter, here are some more terms you may have heard and would like explained:

Doubles

$$8 + 8 = 16 \quad 7+7=14 \quad 6+6=12$$

Near Doubles

Knowing that one way of answering $8 + 9 = 17$ is that since I know that $8 + 8 = 16$, and that 9 is simply $8 + 1$, I can add one more to get the answer 17.

Estimating

- * Taking a handful of objects and making an educated assessment of how many there are.
- * Knowing that the answer to $136 + 687$ or $1234 - 432$ will be less than 1000.
- * Using their knowledge of place value to estimate logical estimates to a variety of mathematical questions.

Friends of Ten

2 and 8 are friends of 10
3 and 7 are friends of 10
4 and 6 are friends of 10

Friends of Twenty

Similar to the above 18 and 2 are friends 20
12 and 8 are friends of 20
3 and 17 are friends of 20



When children have an excellent grasp of doubles, near doubles friends of ten/twenty, they are able to use their fluency in these concepts to help them with making calculations with larger numbers.

MATHS OLYMPIAD QUESTIONS – Are you up for the challenge?

Question 4:

Toni picks a number and multiplies it by 3. She then adds 4 to the result and finally divides this new number by 2. Her final result is 14. With what number did she start?

Question 3:

Each day Jeffrey earns \$3 for doing certain chores. He can earn \$5 instead by also doing additional chores. After ten days of doing chores, Jeffrey has earned a total of \$36. On how many of these days did Jeffrey do additional chores?

Question 2:

What is the value of the following expression in its simplest form?
 $(10 \times 8 \times 6 \times 4) \div (5 \times 4 \times 3 \times 2)$

Question 1:

The letters A, B, C and D represent 2, 3, 5 and 8 (but not necessarily in that order).
If $A + B = C$ and $A + D = B$, what is $B \times C$?

Congratulations to Noah Clifford and Ethan Still both from Year 5 who correctly answered Questions 1 & 2.

Learn-a-thon 2015

On Friday 4th September, after our Fathers' Day breakfast and prayer, *Our Lady of the Way* will be holding a Learn-a-thon. The Learn-a-thon is our major fundraiser for the year and it promises to be a rich, fun and engaging learning experience for everyone involved. The students will be grouped with other students in teams from Kindergarten to Year 6. Lots of prizes will be on offer for grades, families and also individuals. For every \$10.00 raised, students will also go into the draw for lots of great prizes.

The students will participate in a variety of learning activities throughout the day. These activities will relate to our Key Learning Areas as well as other games and activities. The children will rotate through the teacher and parent led activities throughout the day. They will have a **Passport** stamped at the conclusion of each activity. The **Passport** will be proof that they have completed the Learn-a-thon activities so that the money promised can be collect from their sponsors.

The money raised from the Learn-a-thon will go towards purchasing extra WAP's (wireless access point - a device that allows wireless devices to connect to a wired network using Wi-Fi) for our school. Our diocese is currently undergoing a major ICT infrastructure overhaul. This includes changes in terms of much needed faster Internet speeds. All monies raised will supplement the costs for the extra WAP's needed to service our school and its many electronic devices.

So please get behind our school as we aim to raise: **\$20 000**.

So if every child raises **\$57**, we will reach our target!



RELIGIOUS EDUCATION NEWS



Confirmation

Last Friday evening children from Years 5 and 6 celebrated their Confirmation. Rev Fr Peter Williams and Fr Mick confirmed 57 children in a beautiful mass which coincided with the feast of the Assumption of the Blessed Virgin Mary. The children were responsible for leading many aspects of the liturgy and participated in the celebration so reverently. They were a credit to their families and those who have helped prepare them for this significant Sacrament. Thank you to the volunteers and teachers who helped prepare these children for the final sacrament of initiation into the Catholic faith.

We are born anew by Baptism, receive in the Eucharist the food of eternal life and are strengthened by the Sacrament of Confirmation.

Congratulations to the following children:

Lachlan Armour
Olivia Bennett
Boyd Boormakin
Nadeesha Borg
Olivia Boulous
Tully Brown
Isabella Clarke
Jett Cleary
Montana Clifford
Noah Clifford
Noel Collins
Layla Woods

Ethan Dempsey
Jessica Dray
Alyssa Eekman
Emma Fowler
Jack Gale
Thomas Garrahy
Madeleine Godfrey
Bailey Gregory
Hannah Grieve
Alysha Hoy
Brandon Kruzic

Joshua Phillips
William Plummer
Sam Reidy
Clare Roser
Conor Rudge
Matthew Sekulic
Ethan Still
Lara Sullivan
Isabella Toth
Tyanna Kubik
Charlie Connell



Year 4 Religious Literacy Assessment

It was my pleasure to spend the day with Year 4 on Tuesday, as they worked on 'Part B' of their Religious Literacy Assessment.



Across the Diocese Year 4 students are completing an on-line Religious Literacy Assessment where they share their knowledge. Through a 'Part B' response the students are invited to share a deeper understanding of the Sacrament of Reconciliation and associated scripture.



On Tuesday our Year 4 students spent the day working on a creative response to either the parable of 'The Forgiving Father' or the story of Jesus and Zacchaeus. They were also asked to write about the meaning of the scripture, how it relates to their lives and the significance of the Sacrament of Reconciliation.



I was so impressed by the creativity and depth of understanding of the students. I also loved the way the students viewed each other's work and wrote positive comments for each other at the end of the day.

Congratulations children and congratulations to Mrs Grima-Starkey and Miss Vella for the wonderful way they have prepared the students to undertake this meaningful learning experience.



Carole Day
Religious Education Coordinator

YEAR 1 DREAMTIME STORIES

Year One have been writing Dreamtime stories about How the Turtle got its shell and How the Echidna got its spikes. Here are some orientations from their stories.

Chloe:

Long, long ago in the Dreamtime, there lived a funny turtle who showed his friends that he could stand on his head. Then he thought that he could pull a coin out of someone's ear but he couldn't so all the clouds went grey.



Lucas M:

Long, long ago in the Dreamtime, there lived an excited, floppy turtle who flopped around at night and day. He hurt himself, then one day he got his shell.

Carter J:

Long, long ago in the Dreamtime, there lived a hungry echidna who liked to eat ants. One day, he went for a stroll around Australia. It was a long walk home.

Hamish:

Long, long ago in the Dreamtime, there lived a funny turtle who made his friends laugh when he stood on his head. When he told jokes they all laughed.



Alyssa:

Long, long ago in the Dreamtime, there lived a sad echidna who got chased by horses. One day a bunch of horses were chasing him.

Michael:

Long, long ago in the Dreamtime, there lived a sporty echidna who liked to play sport. One day, he got tackled and it was a really bad tackle. Without his spikes, he still got hurt.

Ella:

Long, long ago in the Dreamtime, there lived a wonderful echidna who liked to play with its friends. One day, there was a wonderful echidna who met a nice platypus.

Jacob B:

Long, long ago in the Dreamtime, there lived a lazy echidna who liked to lay around all day long. One frosty, freezing morning the echidna was laying on his back dreaming that he got a little bit of spikes.

WRITE ON COMPETITION

OLOW Write On Writers ... Well Done!

WOW! nearly 40 entries handed in to Mrs Schafer so far!

Remember, the one week extension for handing in creative writing entries, as announced at assembly, ends this coming Monday August 24th. No further extension is possible.

So please OLOW Writers get your entries to Mrs Schafer by next Monday, August 24th at the very latest. Mrs Schafer is in Year 1 all day on Mondays so to hand in an entry or to see her about any problems you can find her there.

Mrs Schafer is really looking forward to reading all these very interesting writing pieces. Congratulations to all who have entered and wishing you all the very best of luck!

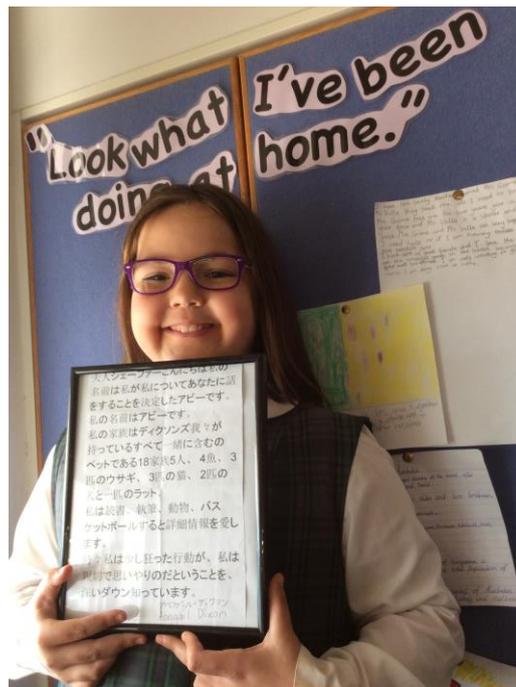


JUMPING INTO JAPANESE.

Look at what these children have been doing at home. Star Students!!



Christopher Elliot brought his Bonsai in to his Year 6 Japanese lesson and explained to his classmates how he keeps the tree miniature by careful and constant trimming of the branches and roots. Arigatou gozaimasu (pronounced - ah ree gah toe... go zigh muss) and means thank you very much to Chris and to his parents for transporting his bonsai in to school for him to share.



Abigail Dixon has completed an amazing letter of introduction in English, in Romaji (which is English letters for Japanese sounds) and in Japanese symbols. She wrote this excellent attempt at a piece of Japanese writing all by herself with her skills in using Google Translate and from what she has been learning in Japanese. She is pictured below with her framed work in front of Year 4's 'What I Have Been Doing At Home' board. Sugoi!!! (pronounced soo go ee) and means Great!!

Yoku dekimashita! (yo coo ..deh key mush ta) Well done to both Chris and Abigail.



KEEPING OUR CHILDREN SAFE ONLINE REMINDER

Social networking describes a variety of services like Facebook, YouTube, World of Warcraft, Moshi Monsters and Twitter. All of these services enable direct interaction between individuals. Users can post information about themselves, display photos, tell people what they've been up to, chat and play games. Social networking forms a part of the social identity of many teens.

While social networking offers many benefits, there are risks. Sometimes children can forget who they are communicating with online and who might see the information they post. It can be easier for children and teens to say and do things online that they might not do offline. It can also be easier to talk to strangers online than it is offline, and they may confide too much in people they don't know well.

It is important that children understand the risks associated with disclosing information about themselves online and know how to manage both their privacy and online 'friends'.

Is my child old enough for social networking sites like Facebook, Instagram, Youtube, Tumblr, Twitter, Kik etc?

Most high profile social networking sites ask users set up a profile with photos and information about themselves. 13 is the minimum user age required by Facebook, Instagram, Youtube, Tumblr and Twitter. Kik recommends that users are 17 years or older.

If your child is 13+ you should still consider the following:

- **Is your child able to withstand taunts from others?**
- **Does your child understand what is safe to put online?**
- **Does your child know how to report abuse and offensive content?**
- **Are you worried your child will be left out?**
- **Are you going to supervise or 'friend' your child on social sites?**

Keep them safe online.

- | | |
|---|--|
| <ol style="list-style-type: none">1. Nothing replaces parental supervision and education for kids about cybersafety.2. Set a technology curfew.3. Remind your child to never give out identifying information such as your home address, school name or telephone number in a public message such as chat or newsgroups.4. If your child posts photos online, use privacy settings to limit access to people they know well.5. Remind your child that people don't always tell the truth online, and they can't take anything at face value.6. Reassure your child that they can tell you anything, without fear of losing the laptop or internet access.7. If they get a message or email that's threatening or rude, they should 'STOP, BLOCK, TELL'. | <ol style="list-style-type: none">8. The First step is to tell your child to stop responding to the abuse and then block those people sending threatening or rude messages if they continue. Let your child know that if they are being bullied, or know someone else who is, they should tell a trusted adult.9. Never click on any links that are contained in emails from people they don't know. As well as sexual content, they could contain a computer virus.10. If you suspect your child has been contacted by a predator, try to save a copy of the chat log (or whatever form the contact takes) for evidence. Call Crime Stoppers 24-hour line 1800 333 000 to make a formal complaint.11. Your child will be using computers and the technology for the rest of their lives – you're in the great position of being able to get them off to a safe, positive start. |
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- **At OLOW we promote and believe in the need to respect the rights, beliefs and viewpoints of others.**
- **We encourage all members of our community to follow the same standards of behaviour online as you are expected to follow in real life.**

Taken from www.dec.nsw.gov.au & www.cybersmart.gov.au

Please contact me at mmifsud@parra.catholic.edu.au if you have any questions relating to the **OLOWCURRICULUMSPOT**.

Michael

SPORTS NEWS

ZONE ATHLETICS

On Friday 8th August, 33 students from OLOW travelled to Blacktown International Sports Park to participate in the Zone Athletics Carnival. It was a fantastic day, the students represented the school with pride and were a great cheer squad for each other.

The OLOW Athletics Team consisted of :

Year 2 - Jade Elford, Joshua Vanegas

Year 3 - Milaya Cleary, Sienna Gahagan, Sebastian Hayward, Lucie McIntosh, Marshall Pereira, Tiare Raukawa

Year 4 - Emilia Di Prinzie, Miah Green, Billy Pearson, Blake Skinner

Year 5 - Matthew Barnes, Olivia Bennett, Tully Brown, Hannah Carroll, Jett Cleary, Charlie Connell, Ethan Dempsey, Alysha Hoy, Brandon Kruzic, Sam Reidy, Clare Roser, Keegan Smith

Year 6 - Samantha Emerton, Nicholas James, Noah Panczyk, Georgia Ristevski, Annabelle Ruskin, Blair Stewart, Aimee Wagner, Madison Whiteley, Bridie Witjes.



The day started off with a BANG! and high excitement as the Junior Boys Relay came first in their heat and then the Junior Girls came first in their heat too! The day continued with a number of great results, many students winning a place in their heats.

The Zone Athletics Carnival could not run without parent helpers so a big thank you to Mr Garth Pereira who worked on the Long Jump for the whole day and to all the parents who shared the responsibility of ribbon writing for the day – Mrs Kate Haywood, Mrs Kim Kruzic, Mrs Melissa Brown, Mrs Bec Cleary, Ms Victoria Good, Mrs Kylie McIntosh, Mrs Megan Ristevski, Ms Sue-Ellen Fahey, Ms Sinead Lawlor, Ms Jennifer Hoy.

Thank you to Ms Jade Proctor (and the teachers at school, for doing without her special skills for the day) for being responsible for the place judging on the day. Thank you to Miss Coutinho for training the relay teams and to Mrs Irvine for her magnificent organisational skills.

Our amazing final results for the day were:

1st place - Junior Female Relay team - Milaya Cleary, Jade Elford, Sienna Gahagan, Lucie McIntosh.

2nd place – Junior Male Relay team - Jett Cleary, Ethan Dempsey, Sebastian Hayward, Blake Skinner



- 3rd place – Senior Female Relay team - Samantha Emerton, Georgia Ristevski, Aimee Wagner, Bridie Witjes.
- 1st place – Male Junior 800 m – Blake Skinner
- 3rd place - Female Junior 800 m – Jade Elford
- 2nd place – Male 11 years 800 m – Charlie Connell
- 2nd place – Female Senior 800m – Aimee Wagner
- 4th place – Female Senior 800m – Bridie Witjes
- 1st place – Female Junior Standing Shot SWD – Emilia Di Prinzio
- 1st place – Male Junior Long Jump – Ethan Dempsey
- 3rd place - Male Senior Long Jump – Noah Panczyk
- 2nd place - Female Senior Long Jump – Bridie Witjes
- 2nd place – Male 8 years 100 m – Joshua Vanegas
- 1st place – Female 8 years 100 m – Jade Elford
- 2nd place – Female 8 years 100 m – Sienna Gahagan
- 2nd place - Female 12 years 100 m - Bridie Witjes
- 4th place - Female 12 years 100 m - Georgia Ristevski
- 1st place - Female Senior 200 m - Bridie Witjes
- 4th place - Female Senior 200 m - Georgia Ristevski
- 1st place – Female 13 year 100m – Annabelle Ruskin



Zone records broken !

Well done to Sienna Gahagan who broke the Zone record for 8 years girls 100 m and Annabelle Ruskin who broke the record for the 13 years girls 100m.

Nepean Age Champions 2015

Bridie Witjes – Senior Girls Age Champion Runner up.



Congratulations to these students who will be representing OLOW at the Diocesan Athletics Carnival on Friday, 21st August at Blacktown International Sports Park.

GENERAL NEWS

TO THE CHILDREN AND COMMUNITY OF OUR LADY OF THE WAY,

A very big thank you for your wonderful support of the Cancer Council. It was such a lovely idea to hold a pink and yellow mufti day and raise money to assist those who are fighting cancer. Hopefully one day there will be a cure. Alex, Brooke and I have appreciated your messages, thoughts and prayers for Bruce over the last few months.

Love
Mrs Pat Scott

BOOKWEEK

Please note that this year students **will not be 'dressing up'** for Bookweek.
Our next Bookweek dress up parade will be in 2016.

NO TIME FOR BREAKFAST?

Try some of these quick breakfasts children can enjoy “on the go”.

- reduced-fat yoghurt, or a yoghurt drink.
- reduced-fat milkshake
- healthy cereal in small plastic bag (a small carton of milk can add a calcium boost)
- slice of banana loaf or other low fat fruit loaf.

REMINDER FOR FAMILIES

If, at any time, you find that you have a concern with the school, you are encouraged to come to the school and speak with the Teacher/s, Assistant Principal and/or Principal, to find a resolution for your concern.

It is our aim to work with all members of our school community to ensure that we do the very best we can to provide a productive, safe and enjoyable learning experience for our students and professionally fulfilling experience of our staff.

If you would like to raise a concern formally, the Catholic Education Office has procedures for ensuring that complaints are handled fairly. Information about how to lodge a complaint and a complaint form are available from the school office or in the Complaint Handling Policy and Procedures. These documents can be accessed on the school website:

<http://www.olowemuplains.catholic.edu.au/> or system website: www.parra.catholic.edu.au.

COMMUNITY NEWS

PENRITH REGIONAL GALLERY, SEPTEMBER & OCTOBER KIDS HOLIDAY WORKSHOP PROGRAM

Activities run from Tuesday 22nd September to Friday 2nd October. For further information, please call 4735 1100

Corpus Christi Primary

Corpus Christi Primary School

Market Day

Saturday 12th September 2015 - 11AM to 4PM

Clothes Candles
Children's Craft
Barista Coffee Homewares

School Hall @ Corpus Christi Primary School, Andromeda Drive, Cranebrook

RAIN, HAIL OR SHINE

For information on stall availability please email corpuschristi@parra.catholic.edu.au with subject "Spring Market Question"

Sausage Sizzle Popcorn Slushies
Cakes/Slices Free LIVE Entertainment

GOSPEL CONCERT "SPIRIT OF JOY"

Presented in association with the "Sydney Sacred Music Festival"

www.sydnysacredmusicfestival.org

DATE/TIME:

Saturday, 5th September 2015, 3pm to 5.30pm

LOCATION:

Mount Schoenstatt Spirituality Centre
230 Fairlight Road
Mulgoa NSW 2745

WHAT TO BRING:

- Fold up chairs
- Picnic blanket
- Torch
- Picnic dinner-food also available to purchase.
- Mozzie spray-just in case

AIM:

To bring people of all religious traditions together to feel the joy of God, through spiritually uplifting/upbeat music & song. Come share the joy!

Enquiries: manager@schoenstatt.org.au

Phone: 02 4773 8338 Ext: 236

Accommodation available-contact above number.

TICKETS: Purchase at trybooking.com-link:

<http://www.trybooking.com/144537>

- \$12 for adults
- \$8 for school age children
- \$35 for family: 2 adults-up to 4 school age children
- Children under 5 – free

This is an outdoor event, please be prepared for changes in weather conditions.

PROCEEDS: Repairs & Maintenance of the Home of Light, a retreat style accommodation facility utilised by youth, community and religious groups.



BEREAVEMENT SUPPORT PROGRAM

For those who grieve the death of their partner

\$5/session

Date/Time: Wednesdays fortnightly
Commencing 2nd Sept. 2015
10.30am - 12.30pm

Venue: St Thomas Aquinas Parish Centre,
168 Hawkesbury Rd.,
Springwood.

Registration: Ph: 9933 0205 or
soloparentservices@ccss.org.au

Scan with your
smartphone or
tablet to go to the
OLOW website.



TRIVIA NIGHT



Saturday, 12th September

Parish Hall, 7pm

ADULTS ONLY

**JEFF BOULOUS
QUIZ
MASTER**

This year's theme will be **SPORT!!!**



So come as your favourite sporting team, sporting hero or any type of sport & let your imagination run wild!



The best-dressed table will win a prize!



**BOOK
EARLY**

Tables will be pre-sold from now until the 12th August.

The cost is \$100 for a table of 10. Get in quick as numbers are limited!

**GREAT
PRIZES**

There will be lots of great prizes & if you would like to donate a prize for the Trivia Night please get in touch with **Kelly Tabor** on **0434 532 936**

So get a group together for a fun night & support the P&F

***All funds raised go to the children of OLOW**

The Catholic Diocese of Parramatta wants to **hear from you**

If you or someone close to you has suffered **ANY** abuse by a representative of the Catholic Church (school, parish, other Catholic group) in Western Sydney and the Blue Mountains we invite you to contact us.

Our professional staff will listen to your experience, respect your confidentiality and discuss all available options.

You can contact us on:

Phone: (02) 9933 0233

Web: www.parra.catholic.org.au/safeguarding

Email: safeguarding@parra.catholic.org.au

Mail: PO BOX 3066 North Parramatta, NSW, 1750

For any complaints that may relate to criminal conduct we encourage you to contact **NSW Police on 1800 333 000**